Domain 1: Workplace Practice (Page 8)
Person-Centered Approach (Page 9)
☐ Include in onboarding education ☐ Include in continuing education and training ☐ Identify Champions
Staff Recruitment (Page 10)
☐ Develop screening questions to identify candidates for this population of residents. ☐ Recruit a workforce that is reflective of the community. ☐ Embed organizational culture into the interview process to include descriptions of an empathetic organization free from bias and stigma. ☐ Ask interview questions that help the candidate share their values.
Enhance Staff Roles * (Page 23)
☐ Aftercare Specialist ☐ Recreational Therapy ☐ Resident Ambassador Program *Refer to descriptions of job roles in the Toolkit
Staff Training (Pages 11-22) A staff training plan should incorporate an interdisciplinary, person-centered approach and enhance the following topics:
☐ OUD as a chronic disease ☐ Overdose prevention and Naloxone use ☐ Recognizing signs of withdrawal, utilizing the Clinical Opiate Withdrawal Scale (COWs) ☐ Stigma and bias training and use of person first language ☐ Harm Reduction principles ☐ How to engage residents to establish a positive relationship including de-escalation and empathy techniques ☐ Understanding of the six stages of behavioral change ☐ Trauma-informed care and addressing underlying trauma ☐ Use of motivational interviewing ☐ Training in recreation therapy to meet the needs of younger residents and programs to support recovery

Key Resources:
LMS Modules: https://learningforquality.org/courses/strategies-for-supporting-residents-with-opioid-use-disorder-in-long-term-care/
    ○ Understanding Opioid Use Disorder
    ○ What is an Overdose?
    ○ Addressing Stigma and Bias
    ○ De-escalation

Domain 2: Environment (Page 26)
Develop a Therapeutic Environment

☐ Commit to creating and supporting the stabilization of environmental influences and minimize stressors that extend beyond the physical environment.
 ☐ Create a focus on the Eight Dimensions of Wellness
     1. Emotional
     2. Financial
     3. Social
     4. Spiritual
     5. Occupational
     6. Physical (medical wellness)
     7. Intellectual
     8. Environmental

Key Resources: - [CLAS flyer and action plan](#) for information on CLAS to aid in implementation.   - Creating a Healthier Life. A Step-by-Step Guide to Wellness by SAMSHA https://store.samhsa.gov/sites/default/files/sma16-4958.pdf
Domain 3: Care Practices (Page 34)
Staff Education

☐ Understanding Opioid Use Disorder (OUD)
     o How an individual is Diagnosed with OUD
     o Opioid Risk Assessment
     o Symptoms of withdrawal
 ☐ Harm reduction strategies and facility policies
 ☐ Stigma training
 ☐ Care plan considerations for Residents with OUD
     o Trauma Informed Care Approach
 ☐ Alternative strategies for pain management
 ☐ Understanding Medications for Opioid Use Disorder (MOUD)
 ☐ Methadone storage
 ☐ Naloxone administration

Key Resources: ▪ Clinical Opiate Withdrawal Scale (COWS) is an 11-item scale: https://nida.nih.gov/sites/default/files/ClinicalOpiateWithdrawalScale.pdf   ▪ CT Harm Reduction Resource [Flyer](#)   ▪ LMS Course: https://learningforquality.org/courses/strategies-for-supporting-residents-with-opioid-use-disorder-in-long-term-care/
Domain 4: Leadership (Page 56)
Policy Development (Page 57)

☐ Review and incorporate a person-centered approach into existing policies as well as in the development of new ones.
 ☐ Refine existing policies, processes, and procedures over time
 New policy and/or topics to embed into existing policies:
     ☐ Trauma informed care
     ☐ Resident and family council

☐ Harm reduction
☐ Therapeutic environment
☐ Person-first language
☐ Cultural and linguistic appropriate services
☐ Mutual agreements that promote resident safety
☐ Managing and securing pre-poured methadone
☐ Self-administration of MOUD

Guidance for Onsite Methadone Maintenance Service Delivery for Nursing Homes that are a Satellite to an Opioid Outpatient Treatment Program (OTP) at Skilled Nursing and Other Long Term Care Facilities [SNF] (Page 60)
☐ See separate checklist for Guidance ✅

Transportation (Page 62)
☐ Arrange transportation of Methadone to the Long-Term Facility (for residents on Methadone with a take-home waiver) *
☐ Utilize the Chain of Custody form
☐ Arrange transportation to the Opioid Treatment Program (for residents without a take-home waiver) *   *Refer to the toolkit for additional information regarding these processes.

Creating a Safe Transition for Residents (Page 64)
☐ Complete a Qualified Service Organization Agreement (QSOA)
☐ Obtain Release of Information before discharge from the hospital
☐ Obtain an Opioid Use Disorder Agreement, if applicable

☐ Consider Long Term Services and Support Resources such as:
    o Nursing Home Diversion and Transition Program
    o Money Follows the Person
    o Area Agencies on Aging

Key Resources:
▪ Best Practice Guide for policy development: [Engaging People Who Receive Services](#)   ▪ [Person-Centered Organizational Assessment](#)   ▪ Person-centered indicators: [Person-Centered Thinking, Planning, and Practice: A National Environmental Scan of Indicators](#).   ▪ [Nursing Home Diversion (ct.gov)](#)   ▪ [Money Follows the Person Program (ct.gov)](#)   ▪ [Area Agencies on Aging (ct.gov)](#)

Domain 5: Family and Community (Page 66)

Opioid Treatment Programs (OTP)
☐ Establish a relationship between the facility and an OTP
☐ Solicit the assistance of DMHAS and/or DPH if needed
☐ Evaluate and connect the resident(s) with a local OTP or MOUD prescriber, if not already connected

Community Resources
Help residents build and/or maintain connections with the community.

Explore the following:
   ☐ Warm lines
   ☐ Recovery support groups
   ☐ Peer recovery
   ☐ Virtual support meetings
   ☐ Patient navigators
   ☐ Sober living homes/certified Sober living homes
   ☐ Employment support
   ☐ Opioid family education support groups

Key Resources
   ▪ Connecticut Mental Health Network: https://portal.ct.gov/dmhas/programs-and-services/finding-services/finding-services
   ▪ Connecticut Community for Addiction Recovery (CCAR): https://ccar.us/about-ccar/

Domain 6: Stakeholders and Regulatory (Page 73)
Recommendations:

☐ Review resident rights protections
   ☐ Review the American Disability Act
   ☐ Partner with survey team & ombudsman to develop the necessary structures to provide the greatest care for people with OUD
   ☐ Talk with other providers to develop and share strong policies and procedures

Key Resources
   ▪ CT LTC Regulations: https://portal.ct.gov/ltcop/regulations
   ▪ SAMSHA: https://www.samhsa.gov/about-us/who-we-are/laws-regulations
   • American Disabilities Act (ADA): https://adata.org/factsheet/health-care-and-ada or https://www.hhs.gov/civil-rights/for-individuals/special-topics/community-living-and-olmstead/mds-guidance-bulletin/index.html