

# Our technology can help you take control by:

Engaging you with your health team between visits



Reducing risk of complications with more rapid control of your blood pressure

**Sign up today!**

**Ask your doctor  
or call  
401-528-3247**



## Do you have high blood pressure?

You are at risk, even on medication.



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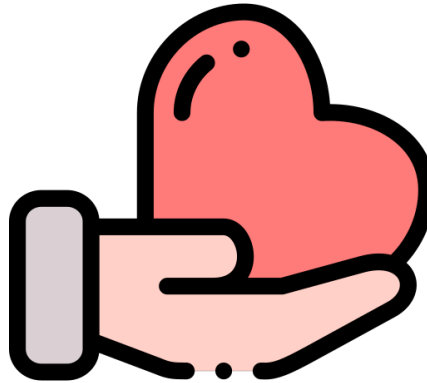
High blood pressure often has no symptoms and if not lowered can cause damage to many organs.



## Sign up for this FREE program:

- Learn to manage your blood pressure
- Receive a FREE home blood pressure monitor
- Between visits: use monitor for more frequent blood pressure readings & get treatment changes as needed

**Ask your doctor or call 401-528-3247 today!**



Hypertension (another name for high blood pressure), is a serious condition that effects 1 in 3 adults in the U.S.



Manage your blood pressure and reduce your risk of:

- Stroke
- Kidney disease
- Heart attack
- Loss of eyesight
- Or other health problems

- Rhode Island has the highest rates of high blood pressure in New England
- About half of those with high blood pressure do not have it under control, according to Centers for Disease Control and Prevention.

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