

Pain Assessment IN Advanced Dementia PAINAD Tool

	0	1	2	Score
Breathing Independent of Vocalization	Normal	Occasional labored breathing. Short period of hyperventilation	Noisy labored breathing. Long period of hyperventilation. Cheyne-stokes respirations.	
Negative Vocalization	None	Occasional moan or groan. Low level speed with a negative or disapproving quality	Repeated troubled calling out. Loud moaning or groaning. Crying	
Facial Expression	Smiling, or inexpressive	Sad. Frightened. Frown.	Facial grimacing	
Body Language	Relaxed	Tense. Distressed pacing. Fidgeting	Rigid. Fists clenched, Knees pulled up. Pulling or pushing away. Striking out	
Consolability	No need to console	Distracted or reassured by voice or touch	Unable to console, distract or reassure	
Warden, Hurley, Volicer - 2001			TOTAL	

Very Severe/ Horrible Pain	10
Moderate to Severe Pain	9
	8
	7
	6
	5
Mild Pain	4
	3
	2
	1
No Pain	0

VERY SEVERE / HORRIBLE PAIN

10 – Unbearable pain. Worst pain that can be imagined.
(Very few people ever experience this level of pain.)

MODERATE TO SEVERE PAIN

9 – Excruciating pain. Inability to converse.
Uncontrolled crying out and/or moaning.

8 – Intense pain. Physical activity is severely limited.
Conversing requires great effort

7 – Very strong pain that significantly limits the ability to perform normal daily activities. Interferes with sleep

6 – Strong pain that interferes with normal daily activities.
It is difficult to concentrate.

5 – Strong pain that can't be ignored for more than a few minutes.
Normal daily activities can be managed.

MILD PAIN

4 – Pain can be ignored for a period of time but is distracting.

3 – Pain is noticeable. It is possible to get used to it and adapt.

2 – Pain is minor.

1 – Pain is barely noticeable.

NO PAIN

0 – No pain

The RAI 3.0 User's Manual indicates that the resident should be shown a 00-10 pain scale or a verbal descriptor scale.

J0600. Pain Intensity -	
Administer ONLY ONE of the following pain intensity questions (A or B)	
<p style="text-align: center;">Enter Rating</p> <div style="display: flex; justify-content: center; gap: 10px;"> <input style="width: 30px; height: 30px; border: 1px solid black;" type="text"/> <input style="width: 30px; height: 30px; border: 1px solid black;" type="text"/> </div>	<p>A. Numeric Rating Scale (00-10)</p> <p>Ask resident: "Please rate your worst pain over the last 5 days on a zero to ten scale, with zero being no pain and ten as the worst pain you can imagine."</p> <p>(Show resident 00-10 pain scale)</p> <p>Enter two-digit response. Enter 99 if unable to answer.</p>
<p style="text-align: center;">Enter Code</p> <div style="display: flex; justify-content: center; align-items: center;"> <input style="width: 30px; height: 30px; border: 1px solid black; margin-right: 5px;" type="text"/> </div>	<p>B. Verbal Descriptor Scale</p> <p>Ask resident: "Please rate the intensity of your worst pain over the last five days." (Show resident verbal scale)</p> <ol style="list-style-type: none"> 1. Mild 2. Moderate 3. Severe 4. Very severe, horrible 9. Unable to answer

Numeric Scale	Verbal Descriptor Scale
Very Severe/Horrible Pain	10
Moderate to Severe Pain	9
	8
	7
	6
	5
Mild Pain	4
	3
	2
1	1
No Pain	0