

~AGING SERVICES ACCESS POINTS~

Did you know...?

YOUR LOCAL ASAP CAN PROVIDE:

Information and Referral

Consumers new to the ASAP speak with our Information & Referral specialists who assess their needs and then provide them with current information on available services and programs. The referrals are placed to the appropriate parties.

Homecare Services

Homecare services can be provided to seniors 60 or older (or those under 60 who have been diagnosed with Alzheimer's) who meet specific income guidelines. The need for this service is based on limitations.

- **Homemaker**
- **Heavy chore** – provided when the consumer and/or family are incapable of performing services including heavy house cleaning.
- **Laundry** – includes pick-up, wash, dry, fold, wrap and delivery of laundered items.
- **Personal care assistance** – provided by either a Home Health Aide (HHA) or personal care worker.
- **Skilled nursing** – utilized to monitor HHA/PC workers, also can perform medication management on short or long-term basis, depending on need.
- **Occupational Therapy (OT)** – utilized for diagnostic evaluation and therapeutic intervention to address functional needs that affect ADL status. Usually provided as one-time only service.
- **Physical Therapy (PT)** – utilized to address functional impairment, usually for equipment recommendations. Usually provided as a one-time only service.
- **Case Management**
- **Personal Emergency Response Systems** – connected to a phone line, either landline or cellular, used in cases of emergency. Monitored 24 hours a day, 7 days a week, by a central provider.

- **Companions** – non-medical care, supervision, and socialization provided to functionally impaired adults. Assistive tasks can include light housework, meal prep, laundry, shopping, and companions to participate in tasks the adult is fond of.
- **Transportation** – on a case-by-case basis, offered for community services if no other resource is available.
- **Medication dispensing systems** – used for those consumers who have difficulty managing medications independently.
- **Adult Day Health** – program includes socialization and provision of skilled services, including PT and nursing, along with CNAs to assist with ADL needs. Can participate if not enrolled in homecare programs.
- **Social Day Care** – program includes socialization, activities, and meals. No skilled services are provided. Can participate if not enrolled in homecare programs.
- **Emergency Assistance** – provided to seniors 60 or older in economic need and in a crisis or emergency situation. Short term and/or crisis relief is also available. We can provide them with fuel assistance, minor home repair, utility bills, shelter, rent, food, and emergency medical needs. Can include overnight shelter in cases where the consumer experiences a loss due to fire, flood or other natural disaster, abuse, neglect, substandard housing, or lack of fuel/utilities.
- **Respite Care** – provided to unpaid caregivers age 60 or older who meet income guidelines. Respite care includes homemaker, personal care, HHA, supportive day care, adult day health, and short term institution care.

Additional programs and services available through your local ASAP

- **Congregate Housing** – for seniors 60 or older or individuals with a chronic disability.
- **Residential Services** – available to seniors who meet HUD income guidelines. Under this program we provide residents with services so they can remain living in the development independently.
- **Family Caregiver Support Program** – provides a wealth of information and resources to caregivers, such as, counseling, support groups, respite, caregiver training, education, and links to community services.
- **Money Management Program** – promotes independent living for elders living on a limited income who are at risk because of their inability to manage their financial affairs and who do not have friends or relatives able to help. Through this program, we enlist volunteers to visit the elder's home at least monthly to help keep track of income and expenses.
- **Nutrition Program** – includes home-delivered meals for breakfast and/or lunch. Also includes Medical Nutrition Therapy, which is offered to anyone regardless of enrollment in homecare programs. Assessments are conducted by qualified nutritionists.
- **Senior Care Options** – helps individuals to continue living in their community independently through Managed Care Mass Health programs. Eligibility is determined by the SCO providers.
- **Community Mainstream Program** – for low/moderate income elders age 60 or older who face significant financial hardship. We screen elders for over 1,550 programs through the Benefits Check-Up program which includes food stamps, veterans' benefits, private grants, housing assistance, and other government benefits, etc.
- **Foster Grandparent Program** – enlists elderly individuals to work with, mentor, teach, guide, and develop loving, trusting, supportive relationships with children.
- **Senior Community Service Employment Program (SCSEP)** – helps older adults find permanent employment by building skills and confidence through paid community service positions.
- **SHINE Counseling** – provides seniors 65 or older and persons with disabilities assistance with health insurance benefits counseling and completing applications for drug insurance plans.

- **Little Necessities** – used to purchase appliances, personal care items, moving expenses, hearing aids, and other items that help these women continue living independently in safety and comfort. For women who are 60 years of age or older and who are home care consumers.
- **Targeted Care** – provides assistance to elders 60 years of age and older which can be used to pay for rent, moving expenses, personal care items, electric bills, adaptive equipment, medication, plumbing, etc.
- **Supportive Living** – for seniors age 60 or older (or under 60 if diagnosed with Alzheimer's) with limited income and other needs. Residents receive help with light housekeeping, personal care, laundry service, medication assistance, grocery shopping, chores, and brief tasks.
- **Personal Care Attendants (PCA)** – provide help so seniors can continue living independently and perhaps pursue activities such as work or school. A consumer's physician must prescribe PCA services, and the elder must be able to manage the program independently or have a surrogate. For MassHealth consumers.
- **Consumer Directed Care (CDC)** – For seniors who do not qualify for MassHealth, based on the PCA program.
- **Options Counseling Program** – provided to seniors 60 years of age or older, individuals with disabilities of any age, family members, and caregivers, connecting them with services and supports to help develop personal long-term care plans, connecting them to resources, services, and supports that may help them to remain in the community.
- **Care Transitions Program** – a self-management program designed to encourage patients and families to assert a more active role in their health care during care transitions. This program is provided to seniors 65 years of age and older, have been hospitalized at least twice in the past 6 months, and meet additional eligibility requirements.
- **Nursing Home Screening** – provided to individuals of any age when community services are not adequate to meet their medical needs; we screen individuals for Mass Health eligible funded placements.
- **Protective Services** – reporting system through the State of Massachusetts to provide intervention for seniors 60 and older who may be experiencing situations of neglect, abuse, financial exploitation, or self-neglect.
- **ARAW Discretionary Funds** – can be provided to elderly ladies, 65 years and older, who live in the communities of Acushnet, Dartmouth, Fairhaven, New Bedford and Westport. Elderly ladies must meet other eligibility criteria.

Availability

- Please be mindful not every ASAP offers all the services listed here.
- Please check with your local ASAP to determine if a service is available.
<https://contactus.800ageinfo.com/FindAgency.aspx>

Financial Details

- Some services available are at no cost.
- ASAPs utilize a sliding scale to determine the co-payment per Massachusetts state guidelines set forth yearly.
- Financial eligibility can be flexible based on the consumer's needs, and your ASAP contacts will be the best resource to determine next steps.